



Traditional Martial Arts Center

February Newsletter

Hello Everyone!

It's time for our second newsletter of the Traditional Martial Arts Center!

January was a crazy month for even the dojo! Our dojo hosted it's very first leadership conference for our association. We also added on three more charters to our organization. On top of all that I celebrated my 35th Anniversary in Martial Arts! I cannot thank everyone enough for all your love, respect, and dedication to our dojo! I am very blessed!

We are continuing to grow within our dojo as well as we continuously welcome new students! Their spirit is what this is all about. In addition to growing in our school and association we are now growing the facility itself! We have now taken over the space next to the school and plan to make it our After School space and a Kid Zone! We welcome any ideas and help you have to offer! Donations are also welcome as there is some work to be put in to tidying up the space, including putting fresh coats of paint on the walls. We will be transferring all After School books, tables, games and shelving over into that space as soon as possible. I will be moving my office over into that space in order to remove the clutter from the lobby.

I look so forward to what is coming next! Thank you again for all of your support students, parents and ALL!

Kyoshi Travis Ginn

Lesson of the Month

Uke no Go Gensoku (Shito-Ryu's Five Principles of Defense)

Rakka: Flowers fall from trees

Ryusui: Flow like water

Kusshin: Bending

Ten I: Tenshin. Avoidance

Hangeki: Counter Attack

TESTING DATES

Little Ninjas (White belts ONLY)-Monday, March 25

KWK (White, Yellow, Orange)-Monday, March 25

(Green, Blue, Basic Purple)-Tuesday, March 26

(Advanced Purple and Up)-Thursday, March 28

Adult Students- Tuesday, March 26

Uniforms must be complete with all required patches and testing fees will be due no later than March 18th.

Kid's Fee \$25

Adult's Fee \$45

Events

Saturday, February 16- PARENTS NIGHT OUT!!!! (Open to the public)

Location- TMAC

Ages 3+

\$10 per child

Pre Registration forms and sign-ups coming out next week!

We would like to give parents the opportunity to have a belated Valentine's date night! We will be having movies, snacks, and games for the kids from 6pm-10pm.

*****All proceeds are going towards the repainting of our Dojo Van!*****

Saturday, March 2- Aiki-Jujitsu Seminar With Kyoshi Ginn

Location-Dojo of Nashville

Time-2-6pm

\$40 Prepaid or \$50 at the door

Go to <http://fudoshinkadojo.com/ajseminar.html> to register

Thursday, March 14-OPEN HOUSE-Cross-Training

Location-TMAC

Time-6pm-8pm

Ages 12+

On the second Thursday of every month there will be Cross-Training! We will start with a light warm-up then go right into a self-defense type of training. This will give everyone the opportunity to get a taste of some of the techniques gone over in the weekly classes!

FREE FOR EVERYONE-Invite your friends and family!

Friday-Saturday, April 12-13- Chun Moo Hapkido Summit

Registration is NOW OPEN! <https://tinyurl.com/chunmoohapkido>

Pre-registration \$75

Payment at the door \$85

Adults welcomed, Kids with Kick by invitation ONLY.

Friday-Sunday, July 19-21- 19th Annual Tenbukan Summer Camp

Location-Tenbukan Hombu, Etowah, NC

Stay in the Loop!

We would like to help everyone stay informed via social media!

Here are the ways to stay informed:

- Email List- when you signed up as a student you were added to the list. If you do not receive emails from Kyoshi Ginn, make sure to get with him to get yourself back on.
- Dojo Parent Google Group- if you are not on the list to receive these emails as parents, please contact Heather Brunat to get added.
- Facebook Groups- we have our Adult Group, Kids with Kick Group and Little Ninja's Group. If you are not a part of one of these, please contact Kyoshi Ginn or Heather Brunat to get added.
- Traditional Martial Arts Center & The Yin Side Facebook Pages-make sure you "LIKE" both
- Friend requests via Facebook- Kyoshi is under "Travis Ginn", please friend him.
- Websites- www.traditionalmartialartscenter.com, www.tenbukan.org